

DECEMBER 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Biscuits & Gravy	Chicken Alfredo	Liver & Onions	Cabbage Roll Casserole	Beef & Barley Soup
Banana Pudding	w/Mushrooms	Mashed Potatoes	Mixed Vegetables	Tossed Salad
	Garlic Knot	Cauliflower	Ice Cream	Crackers
	Carrot Cake	Cookie		
9	10	11	12	13
Sweet & Sour Chicken	Taco Soup	Beef Quesadilla	Berry French Toast Casserole	Ham & Cheese Sliders
Brown Rice	Caesar Salad	Pico	Sausage Patty	French Fries
Tapioca Pudding	Hot Bread	Sour Cream	Banana Bread	
	Lemon Bar	Apple Crisp		
16	17	18	19 MOW ONLY	20
Beef Lo Mein	Red Enchiladas w/Chicken	Crispy Baked Tilapia	Pork Tenderloin w/Gravy	Hot Hamburger
Egg Roll	Spanish Rice	Baked Potato	Scalloped Potatoes	Mashed Potatoes
Pears	Cutie	Carrots	Broccoli Salad	Corn
		Brownie	Cake	
23	24	25 CLOSED	26	27
Cheesy Broccoli Soup	CLOSED	25 CLOSED	Pulled Pork Sliders	Beef Stew
Pig in a Blanket	CLOSED		Baked Beans	Roll
Fruit Cocktail			Carrot Salad	Tossed Salad
		CHRISTMAS	Apple Sauce	
30 MOW Only	31 MOW Only	Eating 17 meals this month in the	1 / 2	Please return your
Ham & Beans	Scrambled Eggs	dining room + 3 MOW= \$53.00. Meals on Wheels delivery cost for		menu with the meals
Cornbread	Pancakes	all 20 meals this month = \$70.00.		you would like no later
Strawberries & Bananas	Ham Slice	Please pre-pay for your meals. Thank you!		than November 25th
	Yogurt	mank you:		

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. *Meals are subject to change without notice.