



JULY 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Meals are subject to change without notice				1 Chicken Alfredo Broccoli Garlic Knot
4 CLOSED	5 Berry French Toast Casserole Sausage Patty Yogurt	6 Beef Quesadilla with Lettuce & Tomato Garnish Sour Cream & Salsa Cottage Cheese w/Peaches	7 Pork Tenderloin w/Gravy Scalloped Potatoes Cauliflower Vanilla Pudding	8 Pasta w/Chicken, Sun Dried Tomatoes and Asparagus
11 Cabbage Roll Casserole Green Beans Apple Jack Bar	12 Baked Chicken Tacos Lettuce & Tomato Garnish Sour Cream Fruit Pie	13 Chicken Sandwich Lettuce & Tomato Three Bean Salad Brownie	14 Lasagna Garlic Bread Salad Cutie	15 Baked Ham Mashed Potatoes w/Gravy Pea Salad
18 Roast Beef Roast Potatoes, Carrots Gravy Pears	19 Mexican Cornbread Casserole Pico, Sour Cream Crumb Cake	20 Ham & Beans Cornbread Lemon Bar	21 Meat Loaf Mashed Potatoes, Gravy Corn Salad Chocolate Pudding	22 Chicken Noodle Soup Roll
25 Ham & Cheese Sliders Tater Tots Fruit	26 Red Chicken Enchiladas Spanish Rice Sour Cream Butterscotch Pudding	27 Chef Salad German Chocolate Cake	28 Pizza Caesar Salad Cookie	29 Corn Dogs Chips

Moffat County Senior Meal Program For meal reservations please call 824-3911 by 8:00A.M.