



# JUNE 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily dine-in rate= \$2.50 per meal. Daily Meals on Wheels rate= \$3.50 per meal. Eating all 22 meals this month in the dining room = \$55.00. Meals on Wheels delivery cost for all 22 meals this month= \$77.00. Please pre-pay for your meals. Thank you!</b>		<b>Happy Father's Day!</b>  <b>June 18, 2023</b>	<b>1</b> Pork Tenderloin Brussel Sprouts Mashed Potatoes w/Gravy Jell-O Cup	<b>2</b> Lasagna Soup Garlic Knots
<b>5</b> Sloppy Joe over Garlic Bread Pea Salad Tapioca Pudding	<b>6</b> Penne Pasta with Italian Sausage and Spinach Mandarin Orange	<b>7</b> Breakfast Casserole with Gravy Banana Bread	<b>8</b> Chicken Salad on a Croissant Potato Chips Ice Cream	<b>9</b> Shepard's Pie
<b>12</b> Spaghetti with Meatballs Garlic Bread Orange	<b>13</b> Beef Quesadilla Pico de Gallo Sour Cream Lemon Cake	<b>14</b> Grilled Chicken Caesar Salad Fresh Fruit	<b>15</b> Ham Sweet Potatoes Green Bean Casserole Lemon Pudding	<b>16</b> Beef Stew Salad Hot Bread
<b>19</b> Pizza Salad Yogurt	<b>20</b> Meatloaf Scalloped Potatoes Cupcake	<b>21</b> Green Turkey Enchiladas Spanish Rice Cookie	<b>22</b> Cube Steak Mashed Potatoes Carrots Chocolate Pudding	<b>23</b> Ham & Cheese Sliders French Fries
<b>26</b> Beef Stroganoff Salad Pears	<b>27</b> Baked Chicken Tacos Lettuce & Tomato Garnish Apple Cranberry Crisp	<b>28</b> Crispy Baked Tilapia Brown Rice Mixed Vegetables German Chocolate Cake	<b>29</b> Chicken Patty Macaroni & Cheese Broccoli Brownie	<b>30</b> Veggie Soup Ham/Turkey Roll Up

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. **\*Meals are subject to change without notice.**