




# AUGUST 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hot Hamburger over Mashed Potatoes Green Beans Tapioca Pudding	2 Egg Salad Sandwich Beets Pretzels Peaches	3 Ham Macaroni Salad Fruit Crisp	4 Smothered Pork Chop Brown Rice Mixed Vegetables Apple Sauce	5 Shrimp Corn Chowder Roll Crackers
8 Sloppy Joe Coleslaw Baked Beans Ice Cream Bar	9 Burrito Bowl Brownie	10 BBQ Chicken Potato Salad Cucumber & Tomato Salad Cookie	11 Spaghetti w/Meat Sauce Garlic Bread Salad Fruit Cocktail	12 Biscuits & Gravy
15 Wedding Soup Salad Roll Cutie	16 Turkey w/Gravy Stuffing Sweet Potatoes Jell-O	17 Ham, Cheese and Spinach Quiche Wheat Toast Fresh Fruit	18 Chicken Fried Steak, Mashed Potatoes, Gravy, Corn w/Peppers, Rice Pudding	19 Tuna Melt Sandwich Chips
22 Sausage, Egg and Cheese McMuffin Cherry Tomatoes Banana Muffin	23 Goulash, Garlic Bread, Chocolate Cupcake	24 Grilled Chicken Caesar Salad Frog Eyed Salad	25 <b>MOW ONLY</b> Breakfast Casserole w/ Gravy Yogurt	26 Chicken Pot Pie Salad
29 Chili Dogs Cheese, Onions, Vanilla Pudding	30 Liver & Onions, Mashed Potatoes Carrots Watermelon	31 Green Pork Enchiladas Spanish Rice Lemon Cake		<b>*Meals are subject to change without notice</b>

Moffat County Senior Meal Program For meal reservations please call 824-3911 by 8:00A.M.