





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
² CLOSED	3 Tomato Soup Grilled Cheese Sandwich Ice Cream Bar	4 Egg Salad Sandwich Chips Butterscotch Pudding	5 Beef & Mushroom Stroganoff Peach Pudding	6 Chicken Quesadilla Sour Cream/ Salsa Lettuce/Tomato Garnish
9 Salisbury Steak Mashed Potatoes Corn Pineapple Fluff	10 Chicken Fajitas Onions/Peppers Spanish Rice Muffin	11 Chef Salad Roll Cookie	12 Sloppy Joe Carrot Salad Baked Beans Brownie	13 Cheesy Broccoli Soup Pig in a Blanket
16 BBQ Chicken Sliders Tater Tots Jell-O Cup	17 Breakfast Casserole w/Gravy Banana Bread	18 Meatloaf w/Gravy Mashed Potatoes Pea Salad Ambrosia Salad	19 Sweet & Sour Chicken Fried Rice Mandarin	20 Pulled Pork Sandwich Potato Salad
23 Spaghetti w/Meatballs Garlic Knot Tapioca Pudding	24 Baked Chicken Tacos Sour Cream Lettuce/Tomato Garnish Pineapple Upside Down Cake	25 Crispy Baked Tilapia Brown Rice Carrots Strawberry Cake	26 Cabbage Roll Casserole Green Beans Pears	27 MOW ONLY Ham & Beans Corn Bread
30 Breakfast Burrito Lemon Pudding	Eating 19 meals this month in the dining room and 1 Meals on Wheels= \$51.00. Meals on Wheels delivery cost for all 20 meals this month = \$70.00. Please pre-pay for your meals. Thank you!		Please return your menu with the meals you would like no later than August 28th	

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. *Meals are subject to change without notice.