



JANUARY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please return your menu with the meals you would like no later than December 29th		Eating 20 meals this month in the dining room = \$50.00. Meals on Wheels delivery cost for all 20 meals this month = \$70.00. Please pre-pay for your meals. Thank you!	1 CLOSED 	2 CLOSED
5 Goulash Hot Bread Cottage Cheese w/Peaches	6 Breakfast Burrito Cilantro Lime Rice Cereal Bar	7 Beef & Barley Soup Salad Dinner Roll Cake	8 Chicken Quesadilla Pico de Gallo Sour Cream Pears	9 Chili Dog Cheese/Onions
12 Pizza Caesar Salad Fruit Cocktail	13 Beef Lo Mein Egg Roll Watergate Salad	14 Green Enchiladas w/Pork Spanish Rice Lettuce & Tomato Garnish Frogeye Salad	15 Liver & Onions Au-Gratin Potatoes Carrots Cookie	16 Crispy Chicken Sandwich Lettuce & Tomato Potato Salad
19 Creamy Chicken Pesto Pasta w/Spinach Garlic Bread Ice Cream	20 Crispy Baked Tilapia Brown Rice 3 Bean Salad Tartar Sauce Grapes	21 Meatloaf Mashed Potatoes Gravy Pea Salad Muffin	22 Egg Salad Sandwich Potato Chips Cupcake	23 Chicken Fingers Fries
26 BBQ Chicken Sliders Coleslaw Ranch Potatoes Yogurt	27 Berry French Toast Casserole Sausage Patty Mango Pudding	28 Tomato Soup Grilled Cheese Sandwich Strawberry Cake	29 Shepard's Pie Green Salad Ambrosia Salad	30 Ham & Beans Cornbread

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. ***Meals are subject to change without notice.**