

March 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Please return your menu with the meals you would like no later than February 26 th		Eating 21 meals this month in the dining room = \$52.50. Meals on Wheels delivery cost for all 21 meals this month = \$73.50. Please pre-pay for your meals. Thank you!		1 Ham & Cheese Sliders Tater Tots
4 Spaghetti w/Meat Sauce Hot Bread Pears	5 Chicken Quesadilla Pico Sour Cream Apple Crisp	6 Meatball Sub 3 Bean Salad Potato Chips Cupcake	7 Liver & Onions Mashed Potatoes Cauliflower Lemon Bar	8 Tomato Soup Grilled Cheese Sandwich
11 Goulash Garlic Bread Tapioca Pudding	12 Baked Ham Sweet Potatoes Green Beans Fruit Cocktail	13 Chicken Salad Wheat Roll Cookie	14 Corned Beef & Cabbage Carrots & Potatoes Jello Poke Cake	15 Pulled Pork Sandwich Coleslaw Pickled Beets
18 Shepard's Pie Salad Ice Cream	19 Beef Mac & Cheese Broccoli Fruit Salad	20 Crispy Baked Tilapia Brown Rice Pea Salad Brownie	21 Berry French Toast Casserole Sausage Patty Cottage Cheese w/Pineapple	22 Cheesy Broccoli Soup Pig in a Blanket
25 Ham & Beans Cornbread Apple Sauce	26 Chicken Bake Tacos Sour Cream Lettuce & Tomato Garnish Muffin	27 Egg Salad Sandwich Cherry Tomatoes Baked Beans Chocolate Cake	28 Sloppy Joes Potato Salad Vanilla Pudding	29 Beef Chow Mein Egg Roll

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. ***Meals are subject to change without notice.**