

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pancakes	Beef Chow Mein with	BBQ Chicken	Swedish Meatballs over	Ham & Beans
Scrambled Eggs	Vegetables	Baked Potato w/ Sour	Egg Noodles	Corn Bread
Sausage Patty	Blueberry Muffin	Cream	Peas	
Cottage Cheese		Cucumber Tomato Salad	Ambrosia Salad	
w/Pineapple		Oatmeal Cookie		
8	9	10	11	12
Sweet & Sour Pork	Liver & Onions	Chef Salad	Lasagna	Hamburger
Brown Rice	Mashed Potatoes	Wheat Rolls	Garlic Knot	Lettuce, Tomato
Pound Cake	Cauliflower	Tropical Fruit Salad	Ice Cream	Potato Salad
	Pears			
15	16	17	18	19
Pulled Pork Sandwich	Taco Soup	Goulash	Fish Sticks	Pork Fried Rice with
Coleslaw	Salad	Salad	Tater Tots	Vegetables
Pickled Beets	Crackers	Garlic Bread	Tartar Sauce	Egg Roll
Fruit Cocktail	Pineapple Cake	Brownie	Mango Pudding	
22	23	24	25	26
Cheesy Broccoli Soup	Bean & Beef Burrito	Cabbage Rolls	Turkey Green Bean	Creamy Chicken and
Pig in a Blanket	Cupcake	Green Beans	Casserole	Noodles
Butterscotch Pudding		Frog eyed Salad	Mashed Potatoes with	Peas
			Gravy, Cutie	
29	30	31	Daily dine-in rate= \$2.50 per meal. Daily Meals on	
Classi	Chili Cheese Corndog	Chicken Fajitas	Wheels rate= \$3.50 per meal. Eating all 22 meals this month in the dining room = \$55.00. Meals on Wheels delivery cost for all 22 meals this month= \$77.00.	
Closed	Onions	Corn Salad		
	Vanilla Pudding	Lemon Cake		
			Please pre-pay for your meals. Thank you!	

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. *Meals are subject to change without notice.