



OCTOBER 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Eating all 23 meals this month in the dining room \$57.50. Meals on Wheels delivery cost for all 23 meals this month = \$80.50. Please pre-pay for your meals. Thank you!	Please return your menu with the meals you would like no later than September 26th	1 Beefy Mac & Cheese Cauliflower Jell-O Cup	2 Sweet & Sour Pork Brown Rice Cherry Chocolate Cake	3 Lasagna Soup Salad
6 Pizza Caesar Salad Pears	7 Pesto Pasta w/Chicken Cupcake	8 Meatloaf Scalloped Potatoes Pea Salad Pistachio Fluff	9 Chicken Fried Steak Mashed Potatoes Corn Grapes	10 Ham & Beans Cornbread
13 Chili Dog Cheese/Onions Lemon Pudding	14 Beef Quesadilla Pico de Gallo Sour Cream Apple Crisp	15 Breakfast Casserole w/Gravy Peach Cobbler	16 Vegetable Soup Grilled Ham & Cheese Sandwich Spice Cake	17 Turkey Goulash Hot Bread
20 Bratwurst on a Bun Peppers & Onions Baked Beans Fruit Cocktail	21 Red Chicken Enchiladas Spanish Rice Brookie	22 Sausage, Spinach Tortellini Soup Green Salad, Roll, Cookie	23 Creamy Chicken and Noodles Green Beans Muffin	24 Fish Sandwich Tartar Sauce Lettuce & Tomato Potato Chips
27 Baked Chicken Tacos Lettuce & Tomato Sour Cream Rice Pudding	28 Spaghetti w/Meatballs Garlic Knot Ambrosia Salad	29 Chicken Salad Croissant German Chocolate Cake	30 Hot Hamburger over Mashed Potatoes Carrots Ice Cream Cup	31 Cheesy Broccoli Soup Hot Dog Mummy

Moffat County Senior Meal Program for meal reservations please call 824-3911 by 8:00A.M. ***Meals are subject to change without notice.**