





# SEPTEMBER 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>*Meals are subject to change without notice</b>		1 Grilled Cheese Tomato Soup Jell-O Cup	2 Pizza Caesar Salad
5 <b>Closed</b>	6 Pancakes Scrambled Eggs Ham Slice Tapioca Pudding	7 Crispy Baked Tilapia Baked Potato Corn/Green Beans Fresh Fruit	8 Beef Mac & Cheese Broccoli Peanut Butter Cake	9 Split Pea Soup Salad Wheat Roll
12 Teriyaki Chicken Over White Rice Mixed Vegetables Butterscotch Pudding	13 Taco Spaghetti Garlic Bread Leon Bar	14 Chicken Quesadilla Pico Sour Cream Cookie	15 French Toast Casserole Sausage Patty Yogurt	16 Meatball Sandwich Cucumber & Tomato Salad
19 Vegetable Soup Turkey Roll Up Cottage Cheese with Peaches	20 Chicken Fajitas Spanish Rice Salsa Brownie	21 Penne w/Italian Sausage, Sundried Tomatoes and Asparagus Pears	22 Beef Stroganoff Carrots Cupcake	23 Pulled Pork Sandwich Coleslaw Baked Beans
26 Sesame Pork with Green Beans Fried Rice Apple Sauce	27 Homemade Lasagna Garlic Knots Ice Cream	28 Chicken Salad Wheat Roll Carrot Cake	29 Shepard's Pie Salad Lemon Pudding	30 Cheesy Broccoli Soup Pig in a Blanket

Moffat County Senior Meal Program For meal reservations please call 824-3911 by 8:00A.M.